TRAIL FORTRESS

BUILT FOR THE TRAIL. CHECKED FOR YOUR TRUCK.

# Rough Country 684045 Installation Instructions

5-Inch Lift M1R Resi Front Struts for 2021-2025 Ford Bronco 4WD

Part number: 684045

trailfortress.com/rough-country-m1r-reservoir-loaded-struts-684045

Scan for fitment, price and install help




# FORD 2021-22 Bronco M1R Reservoir Front Struts

**Thank you for choosing Rough Country for all your vehicle needs.**
Rough Country recommends a certified technician install this system. In addition to these instructions, professional knowledge of disassemble/reassembly procedures as well as post installation checks must be known. Attempts to install this system without this knowledge and expertise may jeopardize the integrity and/or operating safety of the vehicle.

Please read instructions before beginning installation. Check the kit hardware against the parts list. Be sure you have all needed parts and know where they go. Also please review tools needed list and make sure you have needed tools.
If question exist, please call us @1-800-222-7023. We will be happy to answer any questions concerning this product.
Check all fasteners for proper torque. Check to ensure for adequate clearance between all components.
Periodically check all hardware for tightness.

## PRODUCT USE INFORMATION

**⚠WARNING** The taller a vehicle is, the easier it will roll. We strongly recommend, because of rollover possibility that seat belts and shoulder harnesses should be worn at all times. Avoid situations where a side rollover may occur.

**⚠WARNING** Generally, braking performance and capability are decreased when larger/heavier tires and wheels are used. Take this into consideration while driving. Do not add, alter, or fabricate any factory or after-market parts to increase vehicle height over the intended height of the Rough Country product purchased. Mixing component brands is not recommended.

Rough Country makes no claims regarding lifting devices and excludes any and all implied claims. We will not be responsible for any product that is altered. If questions exist we will be happy to answer them concerning the design, function, and correct use of our products.

**⚠NOTICE** **DEALER AND VEHICLE OWNER**

Any vehicle equipped with any Rough Country product should have a “Warning to Driver” decal installed on the inside of the windshield or on the vehicle’s dash. The decal should act as a constant reminder for whoever is operating the vehicle of its unique handling characteristics.

### Torque Specs:

| Size | Grade 5 | Grade 8 | Size | Class 8.8 | Class 10.9 |
|---|---|---|---|---|---|
| 5/16” | 15 ft/lbs | 20ft/lbs | 6MM | 5ft/lbs | 9ft/lbs |
| 3/8” | 30 ft/lbs | 35ft/lbs | 8MM | 18ft/lbs | 23ft/lbs |
| 7/16” | 45 ft/lbs | 60ft/lbs | 10MM | 32ft/lbs | 45ft/lbs |
| 1/2” | 65 ft/lbs | 90ft/lbs | 12MM | 55ft/lbs | 75ft/lbs |
| 9/16” | 95 ft/lbs | 130ft/lbs | 14MM | 85ft/lbs | 120ft/lbs |
| 5/8” | 135ft/lbs | 175ft/lbs | 16MM | 130ft/lbs | 165ft/lbs |
| 3/4” | 185ft/lbs | 280ft/lbs | 18MM | 170ft/lbs | 240ft/lbs |

**Kit Contents:**
Front Reservoir Struts x2

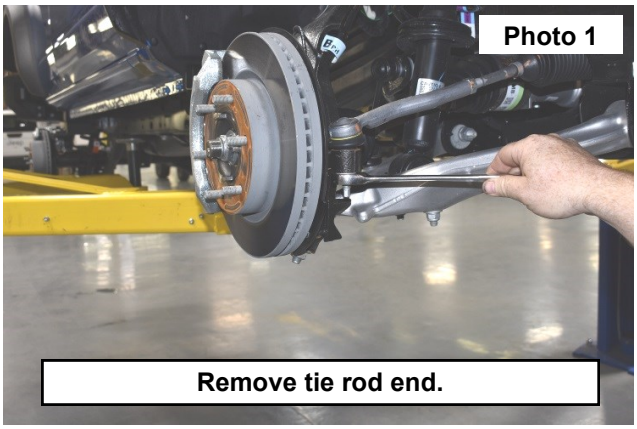
**Tools Needed:**
10mm Allen Key
10mm Socket/Wrench
15mm Socket/Wrench
17mm Socket/Wrench
18mm Socket/Wrench
19mm Socket/Wrench

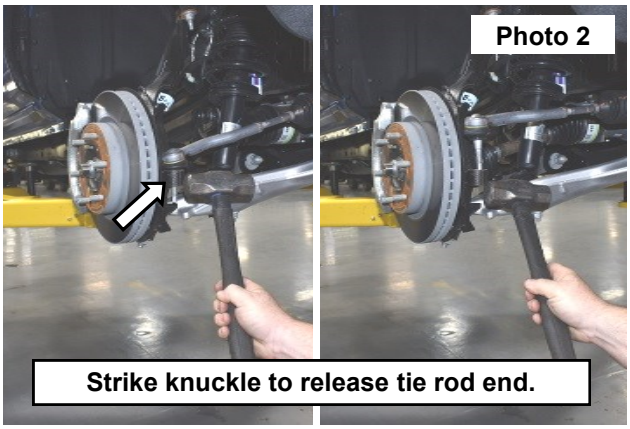
**Hardware Included:**
12mm Allen Head Bolts x4
12mm Flange Nuts x4
Upper Strut Nuts x6



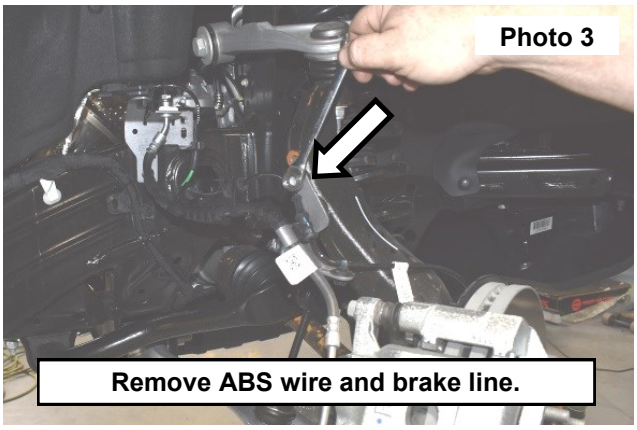
## FRONT INSTALLATION INSTRUCTIONS

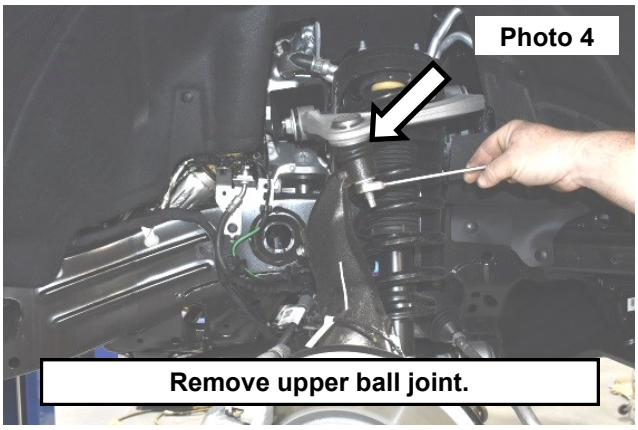
1. Jack up the front of the vehicle and place on jack stands. Remove the front wheels.
2. Remove the skid plates using a 15mm socket and unplug the rack and pinion.
3. Remove the tie rod end using a 21mm socket/wrench. Strike the knuckle with a hammer if needed to remove the tie rod end. **See Photo 1** and **Photo 2**.



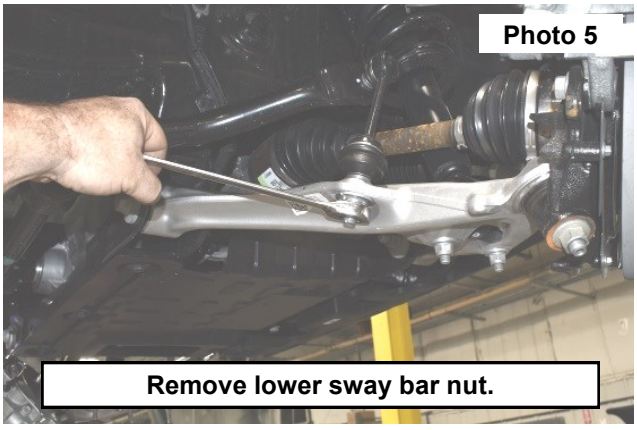



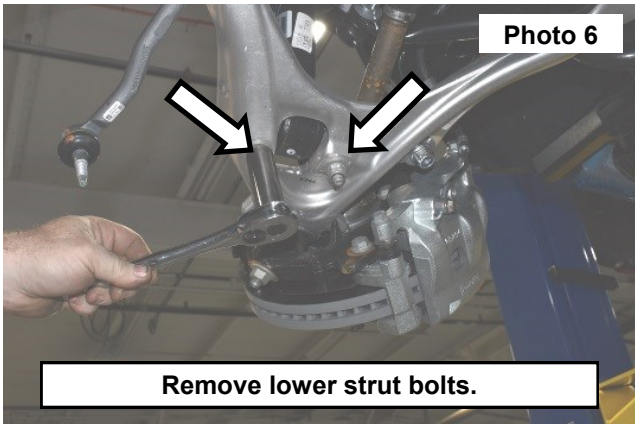

4. Remove the ABS wire and brake line from the knuckle using a 10mm socket/wrench. **See Photo 3**.
5. Remove upper ball joint just using an 18mm socket/wrench. Strike knuckle with a hammer if needed. **See Photo 4**.



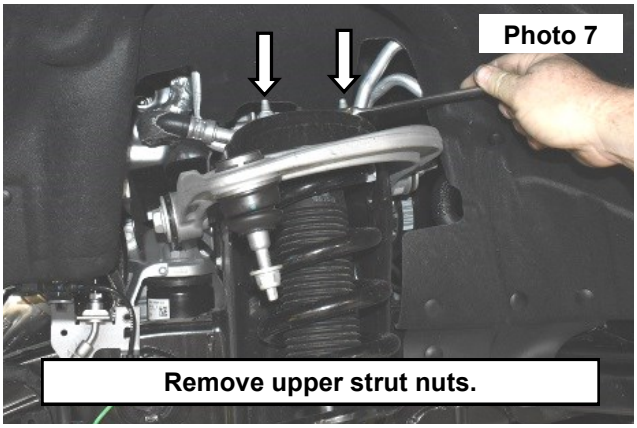



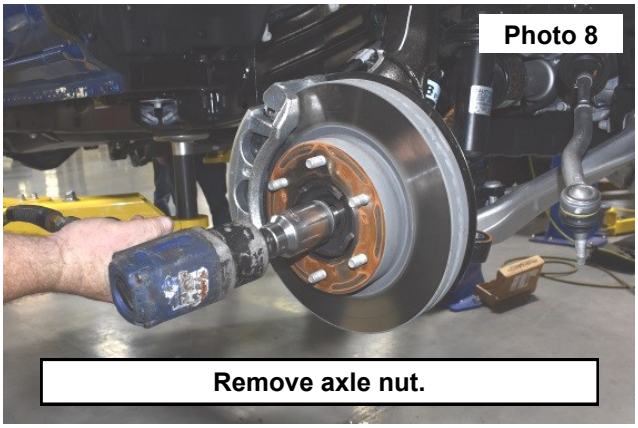

6. Remove the lower sway bar nut using a 21mm socket/wrench. **See Photo 5**.
7. Remove the lower strut bolts using an 18mm socket/wrench. **See Photo 6**.



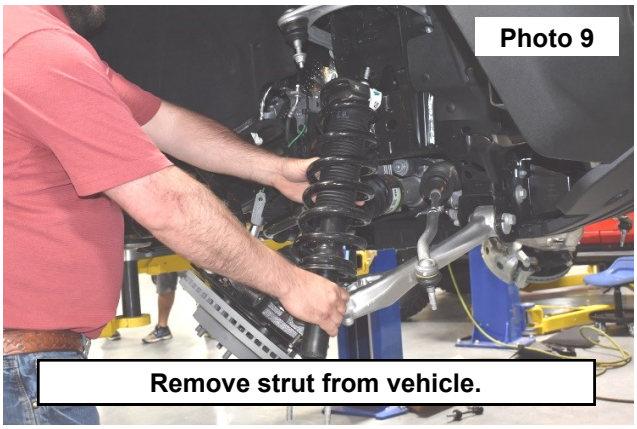



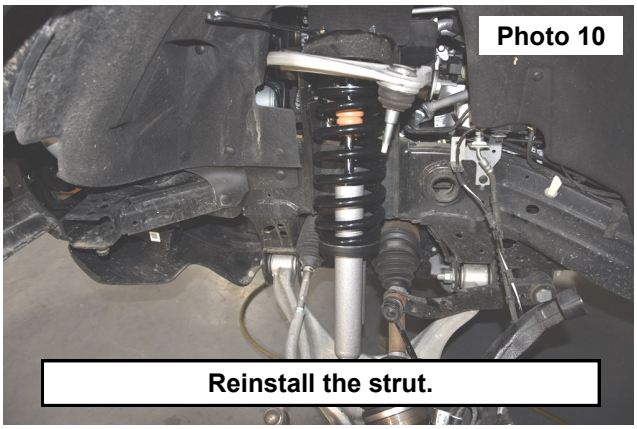
8. Remove the upper strut nuts using a 15mm socket/wrench. **See Photo 7**.
9. Remove the axle nut using a 36mm socket/wrench. Strike with hammer to loosen if needed. **See Photo 8**.



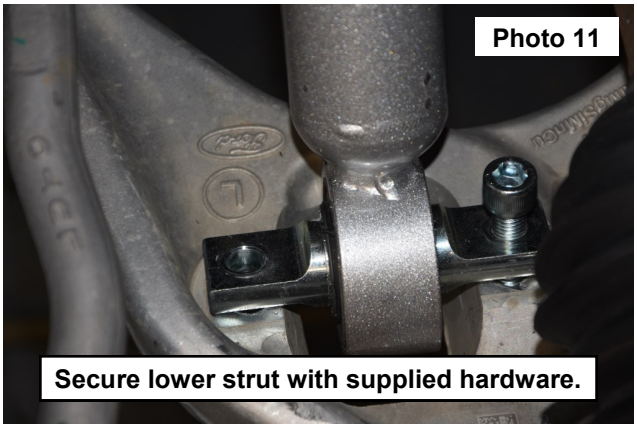



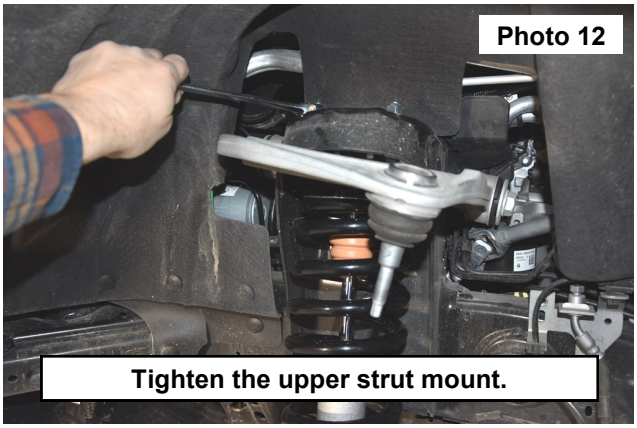

10. Remove the strut from the vehicle. **See Photo 9**.
11. Install the strut into the upper mount with the reservoir to the inside of the vehicle. Secure using the supplied 10mm hardware. **See Photo 10.**




12. Secure lower strut using the supplied 12mm hardware. Then tighten using a 17mm Allen wrench and a 19mm socket. **See Photo 11**.
13. Tighten the upper strut mount using a 17mm socket/wrench. **See Photo 12**.




14. Reinstall stock hardware in reverse order.
15. Put on the wheels and lower.

By purchasing any item sold by Rough Country, LLC, the buyer expressly warrants that he/she is in compliance with all applicable, State, and Local laws and regulations regarding the purchase, ownership, and use of the item. It shall be the buyers responsibility to comply with all Federal, State and Local laws governing the sales of any items listed, illustrated or sold. The buyer expressly agrees to indemnify and hold harmless Rough Country, LLC for all claims resulting directly or indirectly from the purchase, ownership, or use of the items.