TRAIL FORTRESS

BUILT FOR THE TRAIL. CHECKED FOR YOUR TRUCK.

Rough Country 57430 Installation Instructions

4-Inch Lift Kit with N3 Shocks for 2011–2013 Ford F-150 4WD, Part 57430

Part number: 57430

trailfortress.com/rough-country-4-inch-lift-kit-57430

Scan for fitment, price and install help

ROUGH COUNTRY SUSPENSION SYSTEMS®

575INSTBAG

2009-14 F-150 4”/6” LIFT KIT

THANK YOU FOR CHOOSING ROUGH COUNTRY FOR YOUR SUSPENSION NEEDS.

Rough Country recommends a certified technician install this system. In addition to these instructions, professional knowledge of disassemble/reassembly procedures as well as post installation checks must be known. Attempts to install this system without this knowledge and expertise may jeopardize the integrity and/or operating safety of the vehicle.

Please read instructions before beginning installation. Check the kit hardware against the parts list. Be sure you have all needed parts and know where they go. Also please review tools needed list and make sure you have needed tools.

PRODUCT USE INFORMATION

⚠WARNING As a general rule, the taller a vehicle is, the easier it will roll. We strongly recommend, because of rollover possibility that seat belts and shoulder harnesses should be worn at all times. Avoid situations where a side rollover may occur.

Generally, braking performance and capability are decreased when larger/heavier tires and wheels are used. Take this into consideration while driving. Do not add, alter, or fabricate any factory or after-market parts to increase vehicle height over the intended height of the Rough Country product purchased. Mixing component brands is not recommended.

Rough Country makes no claims regarding lifting devices and excludes any and all implied claims. We will not be responsible for any product that is altered. If questions exist we will be happy to answer them concerning the design, function, and correct use of our products.

The 6”suspension system was developed using a 35X12.50/18 tire with 18 x 9 wheel with 4 1/2” backspace. When using a stock wheel the maximum tire width is 11 1/2”. The lifts were designed to lift the front to level the vehicle. Due to manufacturing, dimension variances, and inflation all tire and wheel combinations should be tested prior to installation on all oversized / wider then stock tires We recommend a wheel not exceeding 8" in width be used with a minimum backspacing of 4.5" to a maximum of 5".

⚠NOTICE **Some 2014 vehicles will require the EPAS (Electronic Power Assist Steering) plugs to be disconnected prior to beginning installation of this kit. See installation instructions. Failure to disconnect these plugs may result in damage to the EPAS module resulting in an error message being displayed, which will require replacement of the EPAS module**

NOTICE TO DEALER AND VEHICLE OWNER

⚠NOTICE Any vehicle equipped with any Rough Country product should have a “Warning to Driver” decal installed on the inside of the windshield or on the vehicle’s dash. The decal should act as a constant reminder for whoever is operating the vehicle of its unique handling characteristics.

Tools Needed:

5mm Allen Wrench
8mm Allen Wrench
8mm wrench /socket
10mm wrench /socket
12mm Wrench
13mm wrench / socket
15mm wrench /socket
16mm wrench /socket
18mm wrench /socket
19mm wrench /socket
21mm wrench /socket
22mm wrench /socket
24mm wrench /socket
30mm wrench /socket
Floor Jack
Jack stands
Reciprocating Saw
Hammer
9/16 wrench /socket
1 1/16” Wrench
Drill
1/4” Drill Bit
5/8” Drill Bit
41/64” Drill Bit
11/32” Drill Bit

Torque Specs:

Size	Grade 5	Grade 8	Size	Class 8.8	Class 10.9
5/16”	15 ft/lbs	20ft/lbs	6MM	5ft/lbs	9ft/lbs
3/8”	30 ft/lbs	35ft/lbs	8MM	18ft/lbs	23ft/lbs
7/16”	45 ft/lbs	60ft/lbs	10MM	32ft/lbs	45ft/lbs
1/2”	65 ft/lbs	90ft/lbs	12MM	55ft/lbs	75ft/lbs
9/16”	95 ft/lbs	130ft/lbs	14MM	85ft/lbs	120ft/lbs
5/8”	135ft/lbs	175ft/lbs	16MM	130ft/lbs	165ft/lbs
3/4”	185ft/lbs	280ft/lbs	18MM	170ft/lbs	240ft/lbs