TRAIL FORTRESS

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Rough Country 29501 Installation Instructions

Greasable Forged Aluminum Upper Control Arms (3–3.5in Lift)

Part number: 29501

trailfortress.com/greasable-forged-aluminum-upper-control-arms-3-3-5in-lift-rough-country-29501

Scan for fitment, price and install help

ROUGH COUNTRY SUSPENSION SYSTEMS®

29501BAG1

GM 2019 1500 Forged Aluminum Upper Arms

Thank you for choosing Rough Country for your suspension needs.

Rough Country recommends a certified technician install this system. In addition to these instructions, professional knowledge of disassemble/reassembly procedures as well as post installation checks must be known. Attempts to install this system without this knowledge and expertise may jeopardize the integrity and/or operating safety of the vehicle.

Please read instructions before beginning installation. Check the kit hardware against the parts list on the rear cover of these instructions. Be sure you have all needed parts and know where they go. Also please review tools needed list and make sure you have needed tools.

PRODUCT USE INFORMATION

⚠WARNING As a general rule, the taller a vehicle is, the easier it will roll. Seat belts and shoulder harnesses should be worn at all times. Avoid situations where a side rollover may occur. Generally, braking performance and capability are decreased when larger/heavier tires and wheels are used. Take this into consideration while driving. Do not add, alter, or fabricate any factory or after-market parts to increase vehicle height over the intended height of the Rough Country product purchased. Mixing component brands is not recommended.

Rough Country makes no claims regarding lifting devices and excludes any and all implied claims. We will not be responsible for any product that is altered. If question exist we will be happy to answer any questions concerning the design, function, and correct use of our products.

⚠NOTICE The electric power steering must be unplugged before any of the steering components are removed. Failure to do so may cause damage to the electric power steering.

DEALER AND VEHICLE OWNER

Any vehicle equipped with any Rough Country product should have a “Warning to Driver” decal installed on the inside of the windshield or on the vehicle’s dash. The decal should act as a constant reminder for whoever is operating the vehicle.

Tools Needed:

Floor Jack
Jack Stands
Hammer
Ratchet
10mm socket /wrench
13 mm socket/wrench
15mm socket / wrench
17mm socket/wrench
18mm socket /wrench
21mm socket /wrench

Torque Specs:

Size	Grade 5	Grade 8	Size	Class 8.8	Class 10.9
5/16”	15 ft/lbs	20 ft/lbs	6MM	5 ft/lbs	9 ft/lbs
3/8”	30 ft/lbs	35 ft/lbs	8MM	18ft/lbs	23 ft/lbs
7/16”	45 ft/lbs	60 ft/lbs	10MM	32ft/lbs	45ft/lbs
1/2”	65 ft/lbs	90 ft/lbs	12MM	55ft/lbs	75ft/lbs
9/16”	95 ft/lbs	130 ft/lbs	14MM	85ft/lbs	120ft/lbs
5/8”	135 ft/lbs	175 ft/lbs	16MM	130ft/lbs	165ft/lbs
3/4”	185 ft/lbs	280 ft/lbs	18MM	170ft/lbs	240ft/lbs