TRAIL FORTRESS

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Rough Country 11020 Installation Instructions

Quick Disconnect Sway Bar Links for 3.5-6 in of Lift

Part number: 11020

trailfortress.com/rough-country-quick-disconnect-sway-links-11020

Scan for fitment, price and install help

ROUGH COUNTRY SUSPENSION SYSTEMS®

921110200

JEEP JK / JL / JT 3.5”-6” LIFT SWAY BAR DISCONNECT

Thank you for choosing Rough Country for all your vehicle needs.

Please read instructions before beginning installation. Check the kit hardware against the kit contents shown below. Be sure you have all needed parts and know where they go.
If questions exist, please call us @1-800-222-7023. We will be happy to answer any questions concerning this product.
Check all fasteners for proper torque. Check to ensure for adequate clearance between all components.
Check and retighten wheels at 50 miles and again at 500 miles. Periodically check all hardware for tightness.

⚠WARNING Sway bar should only be disconnected during off road use. Do not exceed 15mph with sway bar disconnected.

KIT CONTENTS:

Dr Frame Bracket x1
Pass Frame Bracket x1
5/16” x 1” Self Tap Bolt x4
Link Body x2
Link End x2
Mounting Pins x2
1/2” Nut x2
1/2” Flat Washer x2
12mm Jam Nut x2
12mm Lock Nut x2
Hitch Pin x2

TOOLS NEEDED:

13mmSocket/Wrench
16mm Socket / Wrench
18mm Socket / Wrench
19mm Socket / Wrench
21mm Wrench
Small Phillips Screwdriver
17/64” Drill Bit
Drill Motor
Center punch
Cut Off Wheel
Paint Marker



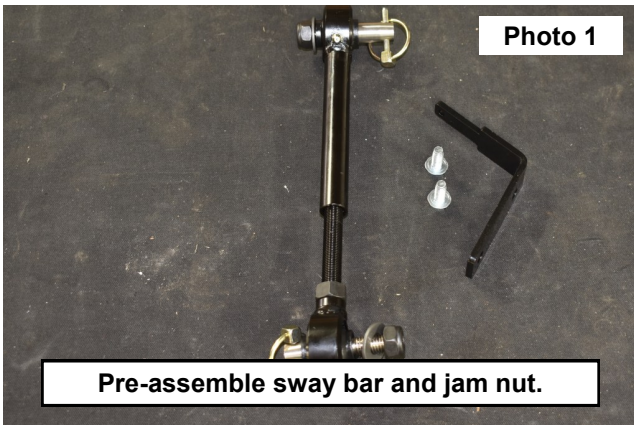
Torque Specs:

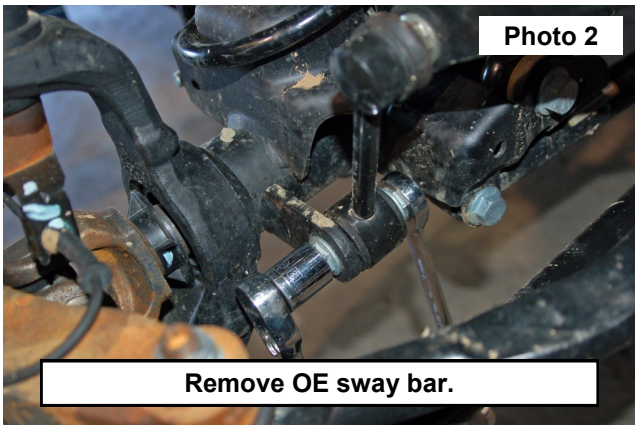
Size	Grade 5	Grade 8	Size	Class 8.8	Class 10.9
5/16”	15 ft/lbs	20ft/lbs	6MM	5ft/lbs	9ft/lbs
3/8”	30 ft/lbs	35ft/lbs	8MM	18ft/lbs	23ft/lbs
7/16”	45 ft/lbs	60ft/lbs	10MM	32ft/lbs	45ft/lbs
1/2”	65 ft/lbs	90ft/lbs	12MM	55ft/lbs	75ft/lbs
9/16”	95 ft/lbs	130ft/lbs	14MM	85ft/lbs	120ft/lbs
5/8”	135ft/lbs	175ft/lbs	16MM	130ft/lbs	165ft/lbs
3/4”	185ft/lbs	280ft/lbs	18MM	170ft/lbs	240ft/lbs

RC ROUGH COUNTRY

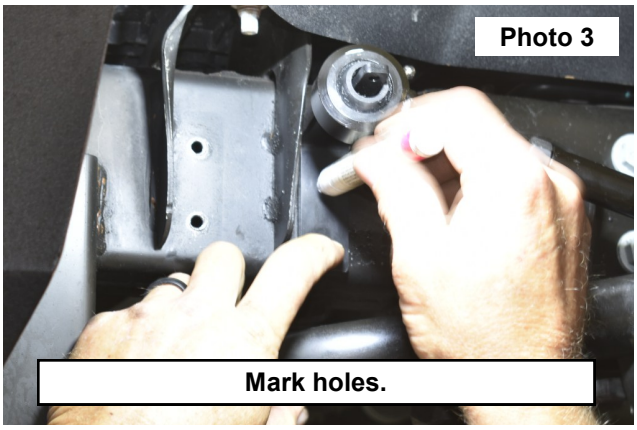
INSTALLATION INSTRUCTONS

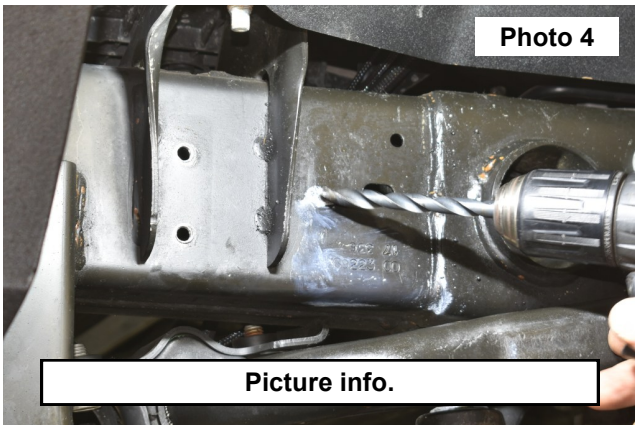
1. Adjust sway bar to approx. 11” measuring end to end. Tighten the end and jam nut with 19mm socket or wrench. **See Photo 1.**
2. Remove OE sway bar links from the axle and sway bar using a 21mm wrench on sway bar end and 18mm socket on axle side. **See Photo 2.**



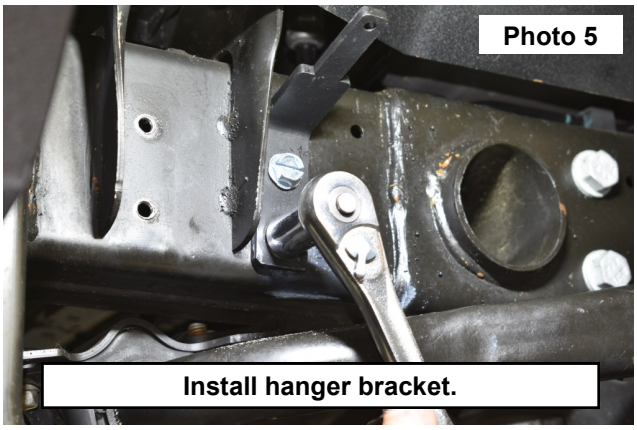


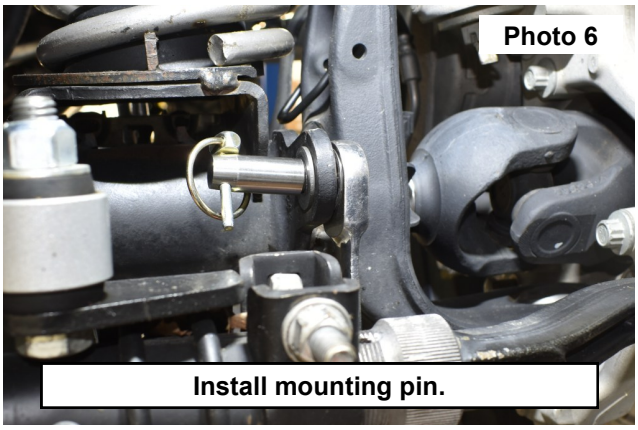
3. Install link to sway bar and place on bracket. Place bracket on the frame and mark holes using a paint marker. **See Photo 3.**
4. Using a 17/64 bit and motor, drill holes in marked locations. **See Photo 4.**



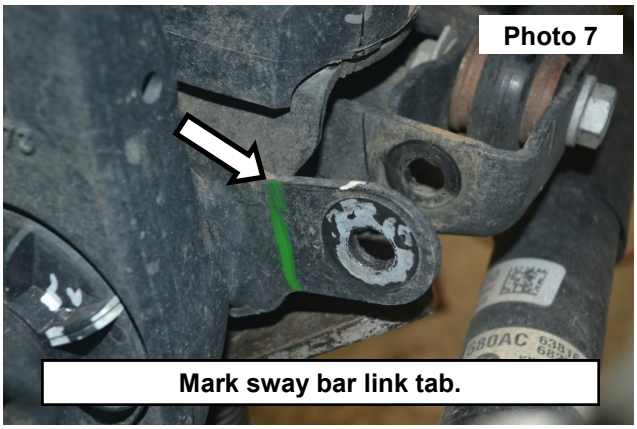


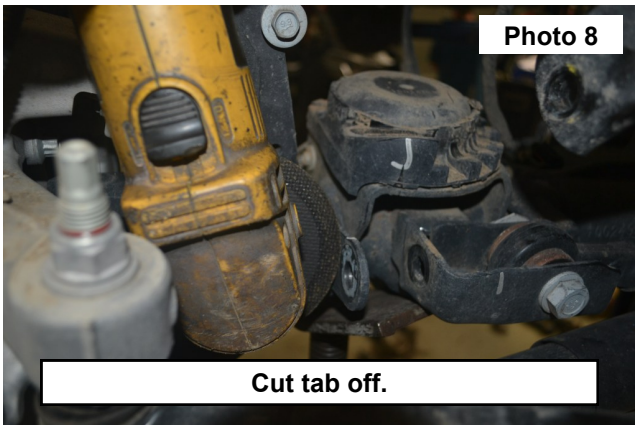
5. Using a 13mm socket or wrench, tighten hanger bracket with (2) self tapping bolts. **See Photo 5.**
6. For JL models, skip to step 8.
7. JK models, install mounting pin to axle using a 19mm socket. **See Photo 6.**



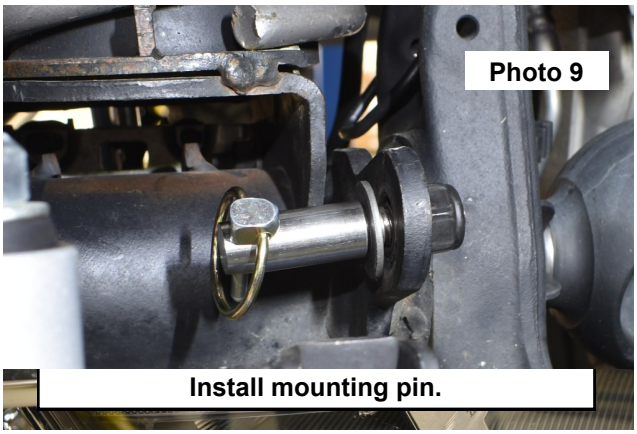


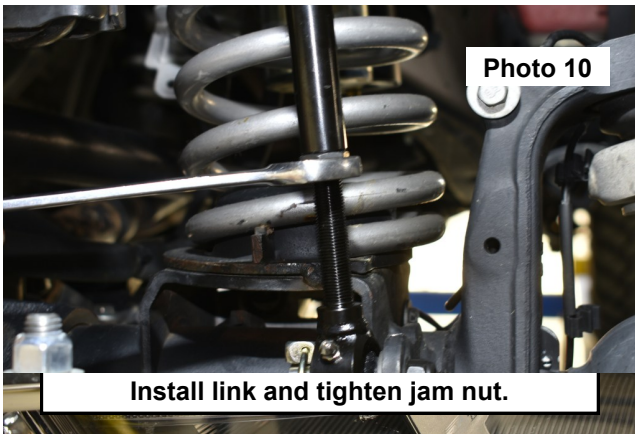
8. Using a paint marker, make a cut line as close to the axle as possible onto sway bar link tab. **See Photo 7.**
9. With a cut off wheel, remove sway bar link tab sanding any sharp edges. Use color match paint to prevent any rust. **See Photo 8.**





10. Using a 19mm, attach the mounting pin to axle. Using the pin or small screwdriver, place into mounting pin to keep mounting pin from rotating. **See Photo 9.**
11. Install link onto mounting pin and tighten the jam nut using a 19mm wrench. **See Photo 10.**





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