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Rough Country 10762 Installation Instructions

EXO Winch Mount Kit for Ford F-150 (2009-2025)

Part number: 10762

trailfortress.com/exo-winch-mount-kit-ford-f150-rough-country-10762

Scan for fitment, price and install help

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ROUGH COUNTRY SUSPENSION SYSTEMS®

FORD F150 09-18 EXO Bumper

Thank you for choosing Rough Country for all your vehicle needs.

Please read instructions before beginning installation. Check the kit hardware against the kit contents shown below. Be sure you have all needed parts and know where they go.

If question exist, please call us @1-800-222-7023. We will be happy to answer any questions concerning the design, function, and correct use of our products

⚠NOTICE **Rough Country LED lights are for off-road use only.**

If factory equipped, winch bumper may interfere with parking, proximity and external cruise control sensors.

KIT CONTENTS:
- 1-EXO Front Bumper w/ Light Mount
- 2– 2” Flush Mount LED Cubes
- 1– Single Row 20” LED
- 1– Dr Side Frame Bracket
- 1– Pass Side Frame Bracket
- 2-D-rings

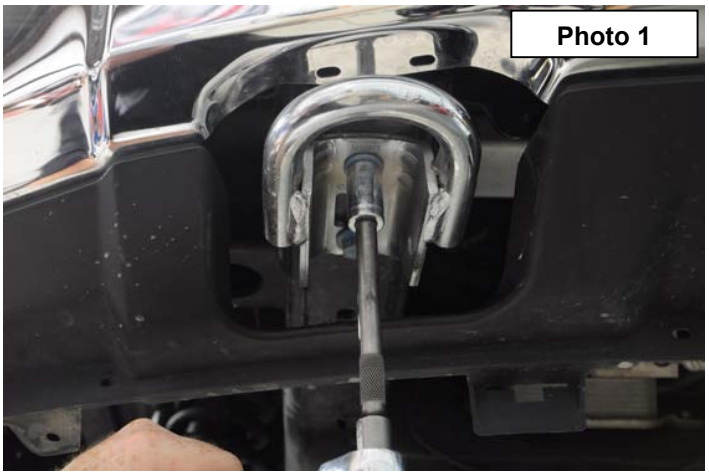
HARDWARE INCLUDED:
- 2-12mm x 120mm Bolts
- 6-1/2” Flat Washers
- 8-Lock Washers
- 2-1/2” Lock Nuts
- 8-12mm x 35mm Bolts
- 4-12mm Flat Washers
- 4-12mm Lock Nuts

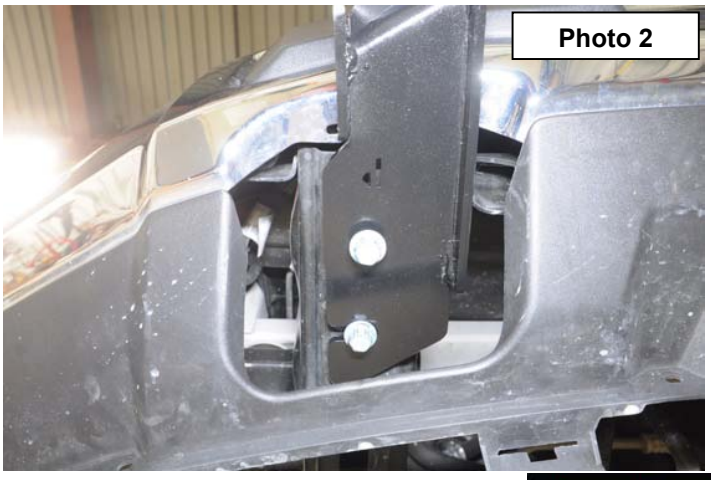
TOOLS NEEDED:
- Pry Tool/Flat Head Screwdriver
- 15mm Socket/Wrench
- 19mm Socket/Wrench
- 3/4” Socket



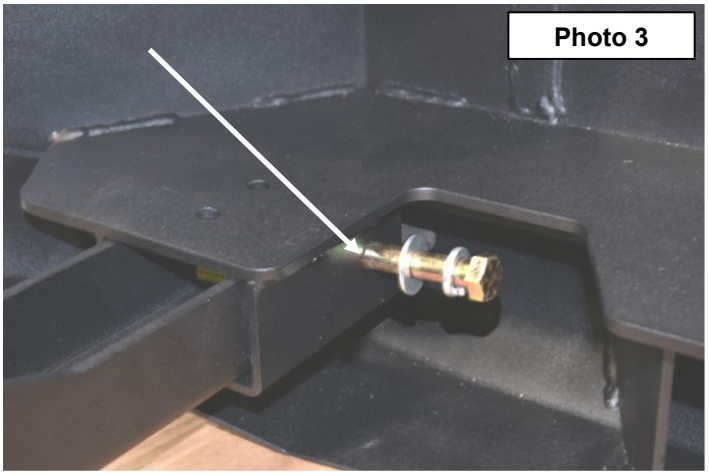
INSTALLATION INSTRUCTIONS

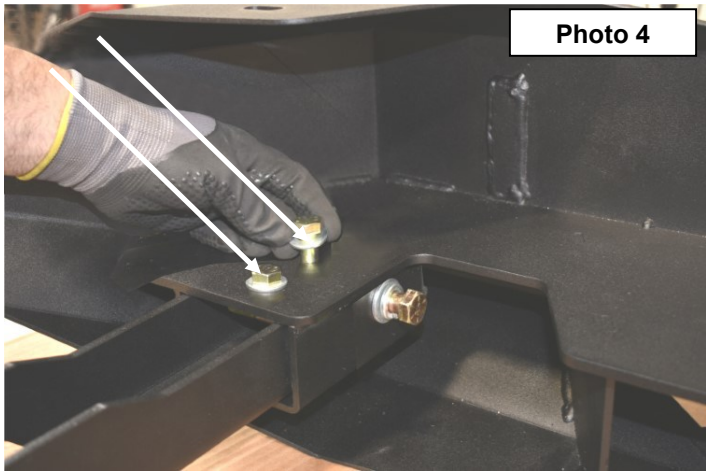
1. Remove the front tow hook bolt and loosen the rear bolt using a 15mm socket. Slide the tow hook free and remove from the vehicle. **Do not remove the rear bolt!! See Photo 1**.
2. Install the passenger side bracket as shown in **Photo 2** with the supplied 12mm x 35mm bolts, lock washers and flat washers in the front hole.
3. After installing the front bolt, remove the rear bolt and replace with the 12mm x 35mm bolt, lock washers and flat washers. Slightly tighten with a 19mm wrench but do not fully tighten at this time to allow for adjustment. Repeat for Driver side.





4. (Pics show assembly off the truck to better show hardware placement). Place the bumper on the frame brackets and secure bumper to the frame brackets with the supplied 12mm x 120mm bolts, 1/2" washers and 1/2" lock washers. Tighten using a 19mm socket. **See Photo 3.**
5. Install the supplied 1/2" x 1.25" bolts, flat washers and lock washers as shown in **Photo 4.** Tighten using a 3/4" socket.





5. Install the LED light bar in the mount with instructions /hardware included in that kit. **See Photo 5.**
6. Install the light bar mount on the bumper with the supplied 12mm x 35mm bolts, flat washers and lock nuts. **See Photo 6.**
7. Recheck all hardware and tighten the 1/2" hardware with a 3/4" wrench and the 12mm hardware with a 19mm wrench.





8. Install the supplied d-rings.
9. Install the flush mount lights and winch per instructions included in corresponding kits.

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