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Rough Country 10757A Installation Instructions

High Clearance Front Bumper for Silverado 1500 (2019-2022)

Part number: 10757A

trailfortress.com/high-clearance-front-bumper-silverado-1500-rough-country-10757a

Scan for fitment, price and install help

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ROUGH COUNTRY
SUSPENSION SYSTEMS®

19-UP Chevy 1500 Front Bumper & Skid Plate

THANK YOU FOR CHOOSING ROUGH COUNTRY FOR YOUR OFF ROAD NEEDS.

Rough Country recommends a certified technician install this kit. In addition to these instructions, professional knowledge of disassemble/reassembly procedures as well as post installation checks must be known. Attempts to install this kit without this knowledge and expertise may jeopardize the integrity and/or operating safety of the vehicle.

Please read instructions before beginning installation. Check the kit hardware against the parts list. Be sure you have all needed parts and know where they go. Also please review tools needed list and make sure you have needed tools.

Kit Contents:
Winch Bumper x1
Dr Frame Mounting Bracket x1
Pass Frame Mounting Bracket x1
Skid Plate x1
Light Mounting Brackets x2
Sensor Ext Harness x3
Heater Mounting Bracket x1
License Plate Bracket x1

Hardware Included:
6mm x 15mm Screw x8
6mm x 20mm Screw x2
6mm Lock Nut x2
6mm Flat Washer x4
6mm Flange Nut x8
8mm Lock Washer x4
8mm Flat Washer x6
8mm Hex Nut x2
8mm x16mm Bolt x2
8mm x 25mm Bolt x2
12mm Lock Washer x6
12mm Hex Nut x6
12mm Flat Washer x12
12mm x 45mm Hex Bolt x6
Sensor Mount Assembly x4

Skid Plate Hardware 10757BOX2:
8mm X 30mm T-Bolt X 2
8mm Plastic Block x 2
8mm Lock Washer x 6
8mm Flat Washer x 6
8mm x 25mm Screw x 4
8mm Hex Nut x 2

Tools Needed:
10mm wrench /socket
18mm wrench /socket
21mm wrench
5/16” Wrench
7/16” Socket & Wrench
3/4” Wrench
Needle Nose Pliers
Flat Screw Driver
9/32” Drill
7/16” Drill
T15 Torx Head Bit



Torque Specs:

Size	Grade 5	Grade 8	Size	Class 8.8	Class 10.9
5/16”	15 ft/lbs	20ft/lbs	6MM	5ft/lbs	9ft/lbs
3/8”	30 ft/lbs	35ft/lbs	8MM	18ft/lbs	23ft/lbs
7/16”	45 ft/lbs	60ft/lbs	10MM	32ft/lbs	45ft/lbs
1/2”	65 ft/lbs	90ft/lbs	12MM	55ft/lbs	75ft/lbs
9/16”	95 ft/lbs	130ft/lbs	14MM	85ft/lbs	120ft/lbs
5/8”	135ft/lbs	175ft/lbs	16MM	130ft/lbs	165ft/lbs
3/4”	185ft/lbs	280ft/lbs	18MM	170ft/lbs	240ft/lbs

Install Instructions

Remove the grille

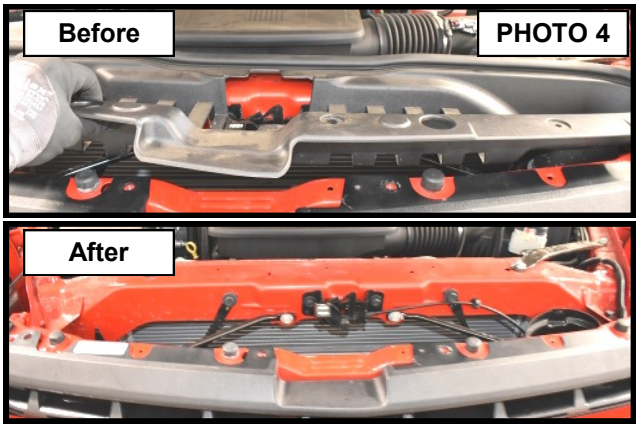
1. The first step will be removing the grille. **See Photo 1 and Steps 2 - 6.**
2. Use a T15 Torx bit to remove the 2 screws that secure the hood latch. **See Photo 2**.



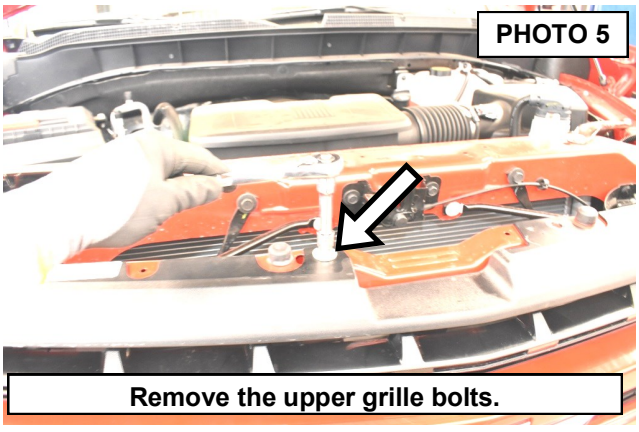


3. Remove the push pins from the upper trim with the trim remover tool. **See Photo 3**.
4. Remove the upper trim. **See Before and After in Photo 4**.



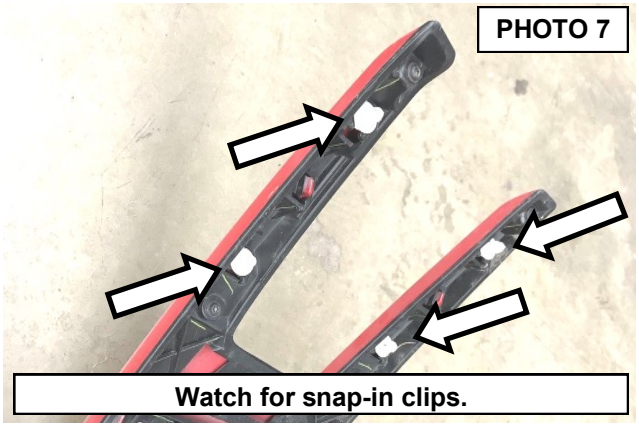


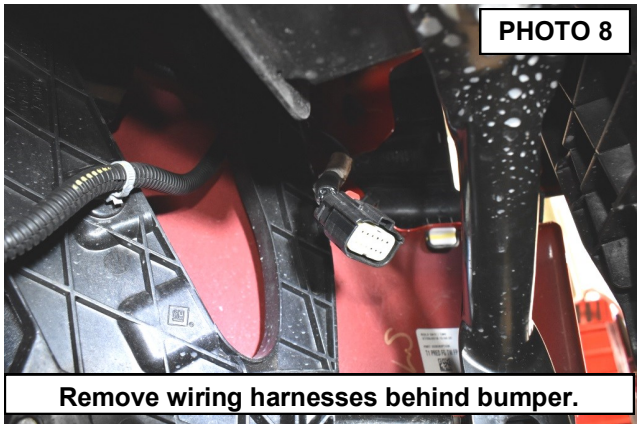
5. Remove the upper grille bolts with a 10MM socket. **See Photo 5**.
6. Remove the grille. Remove each end of the grille gently, taking care to not break the clips. **See Photo 6 and 7**.





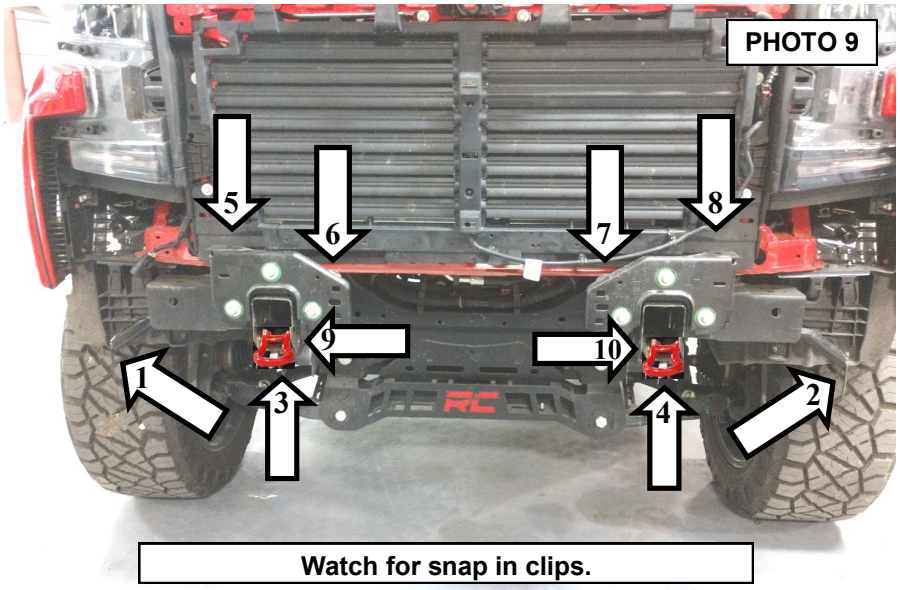
7. Before beginning to remove the bumper, unclip any wiring harnesses attached to the bumper. **See Photo 8.**



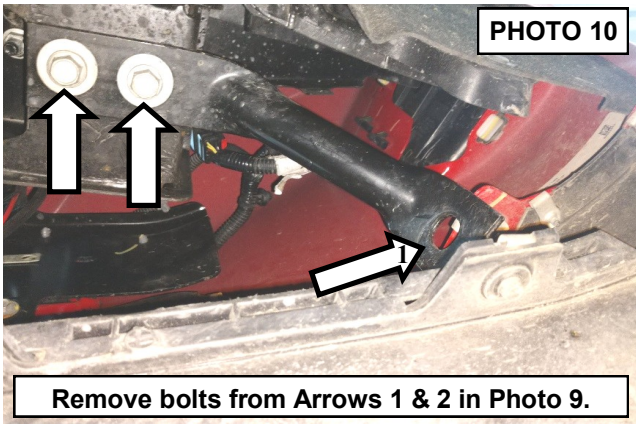


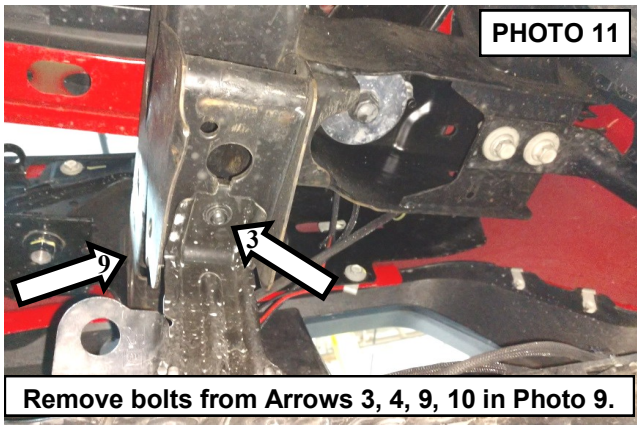
Remove the bumper

8. To remove the bumper, follow steps **9 - 11**. **See Photo 9 for the location of bolts to remove.**



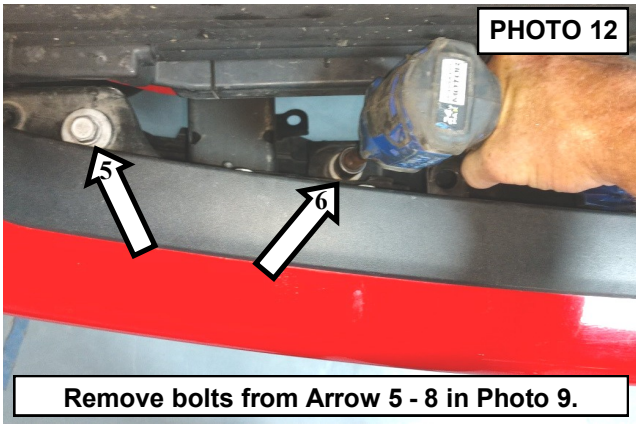
9. Remove bolts from **Arrows 1 and 2 in Photo 9** and the other two bolts in **Photo 10** to remove the bracket arm.
10. Remove bolts from **Arrows 3, 4, 9 and 10 in Photo 9** to remove the air dam brackets and toe hooks. **See Photo 11** for close up.
11. Remove bolts from **Arrows 5 - 8 in Photo 9.** See **Photo 12** for close up.



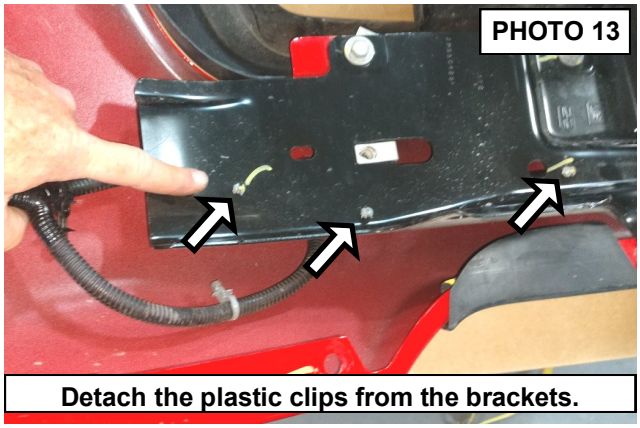


NOTICE **Before pulling the bumper off, make sure the bumper is supported. Rest bumper on a soft cloth after removal**.

12. Detach the plastic clips from the brackets. Don't cut them. **See Photo 13**.
13. Remove the 8 bolts from mounting brackets on the bumper. **See Photo 14**.

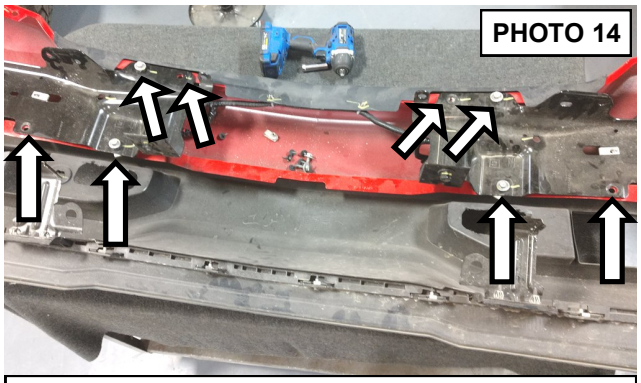


Remove bolts from Arrow 5 - 8 in Photo 9.

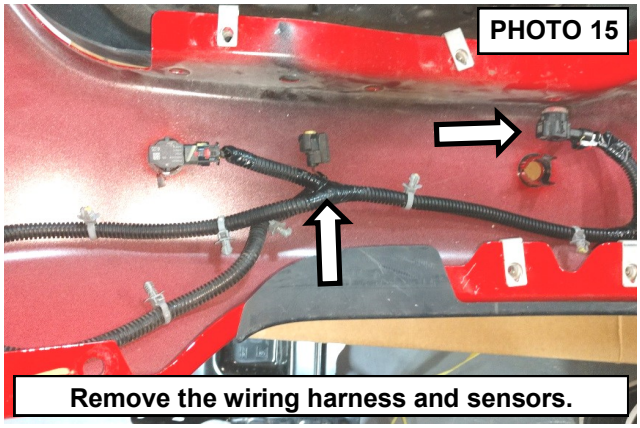


Detach the plastic clips from the brackets.

14. Remove the wiring harness and the sensors from the OE bumper. **See Photo 15**.



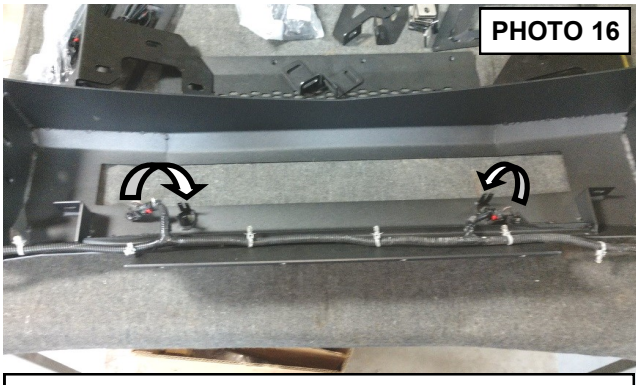
Remove the 8 bolts from the mounting brackets.



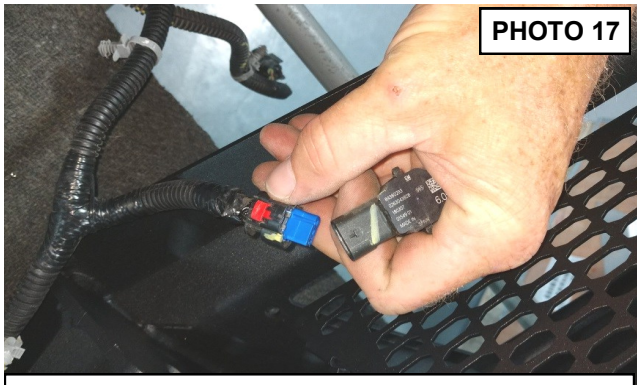
Remove the wiring harness and sensors.

Prepare RC bumper

15. Assemble the sensor mounts with the threaded ring in the bumper and place the OE wiring harness on the RC bumper. Install the middle two sensors aligned in the new sensor mounts and secure with the supplied caps to hold the sensor in place. **See Photo 16.**
16. Unclip the outside sensors from the harness. **See Photo 17**.

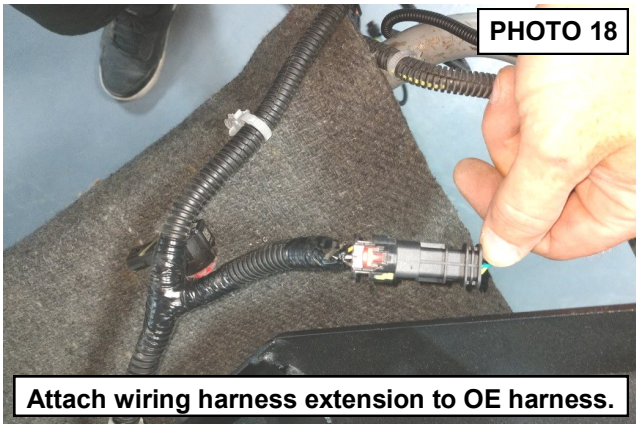


Set harness in RC bumper. Align center sensors.

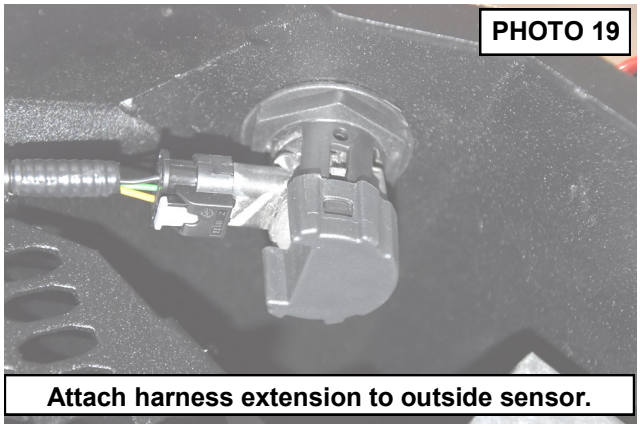


Unclip the outside sensors from the harness.

17. Attach the supplied wiring harness extension to the OE harness where the outside sensors were connected. **See Photo 18**.
18. Attach the other end of the wiring harness extension to the outside sensor. **See Photo 19**.

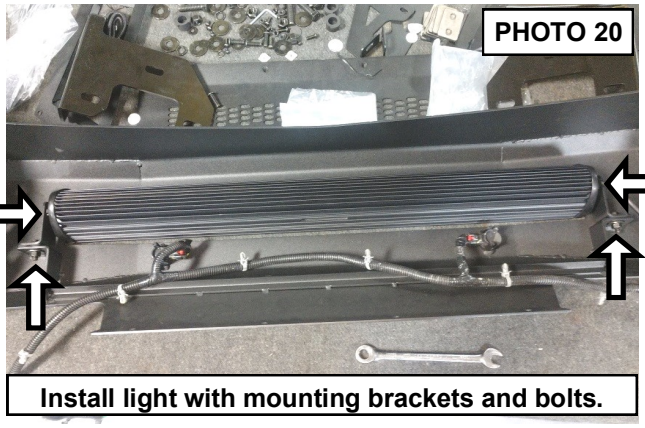


Attach wiring harness extension to OE harness.

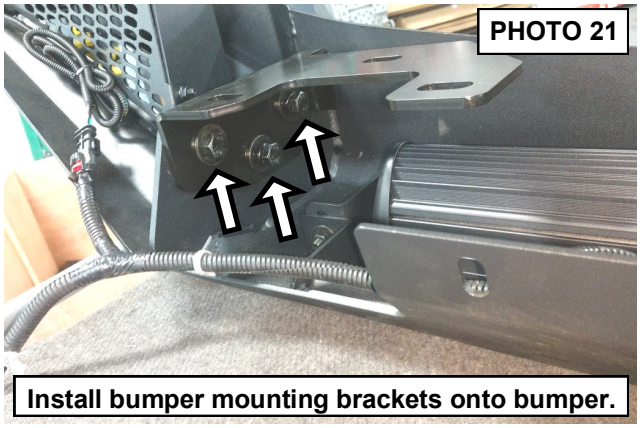


Attach harness extension to outside sensor.

19. Install LED light bar with the LED light bar mounting brackets, the 8MM bolts, nuts, and washers supplied with the kit, and the bolts supplied with the light. **See Photo 20**.
20. Install the bumper mounting brackets using the 12MM bolts, nuts, and washers on either side of the bumper. **See Photo 21**.

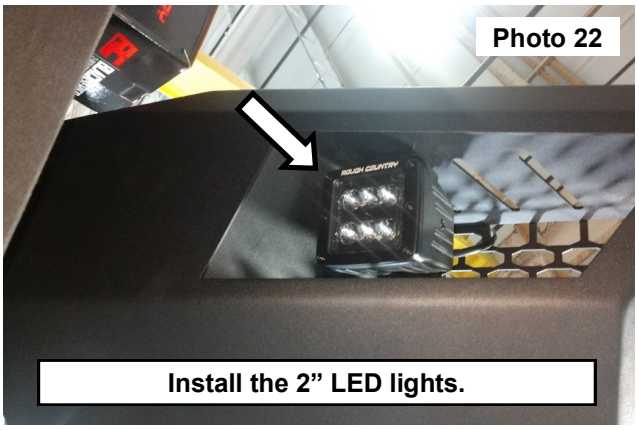


Install light with mounting brackets and bolts.

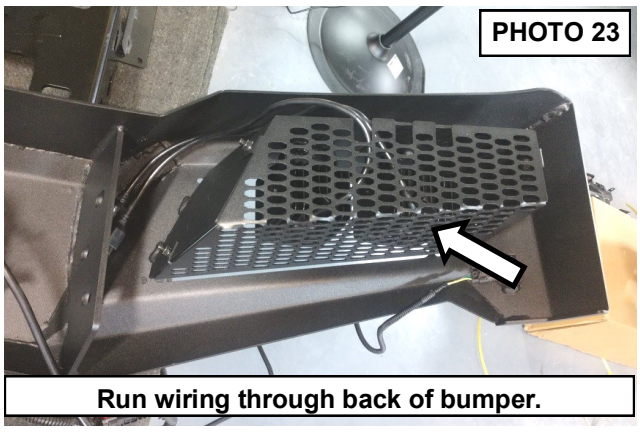


Install bumper mounting brackets onto bumper.

21. Install the 2” cube LED lights by inserting the supplied bolt through the slots on the bumper and tightening with supplied nut. **See Photo 22**.
22. Run the wiring through the back of the bumper. **See Photo 23**.



Install the 2” LED lights.

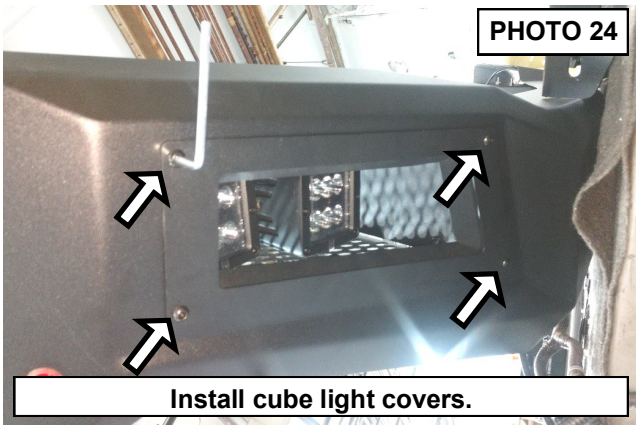


Run wiring through back of bumper.

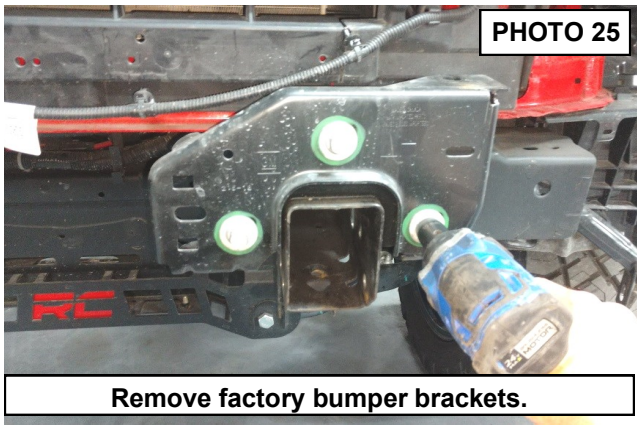
23. Install the cube light covers with 6MM bolts, nuts, and washers and 4MM allen wrench. **See Photo 24**.

Install RC Bumper

24. Remove factory bumper brackets by removing the 3 factory bolts on each side. **See Photo 25**.

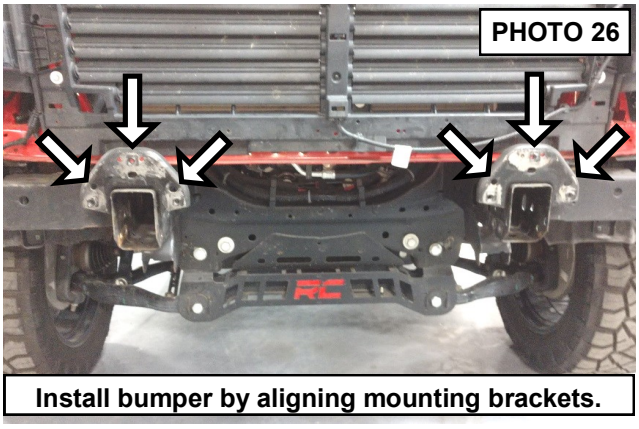


Install cube light covers.

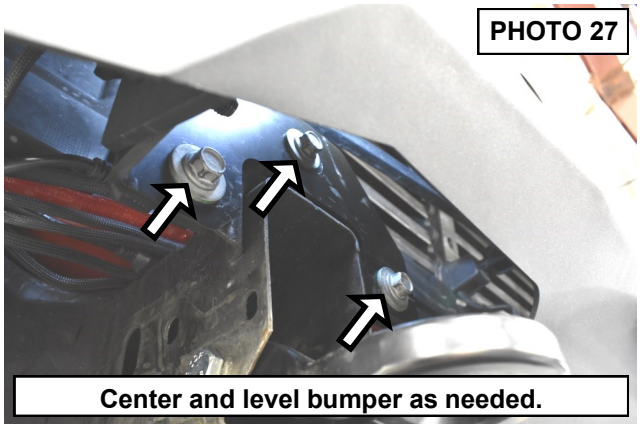


Remove factory bumper brackets.

25. Install the RC bumper by aligning the bumper mounting brackets (**See Photo 21**) and using the factory hardware. **See Photo 26** and **Photo 27**.

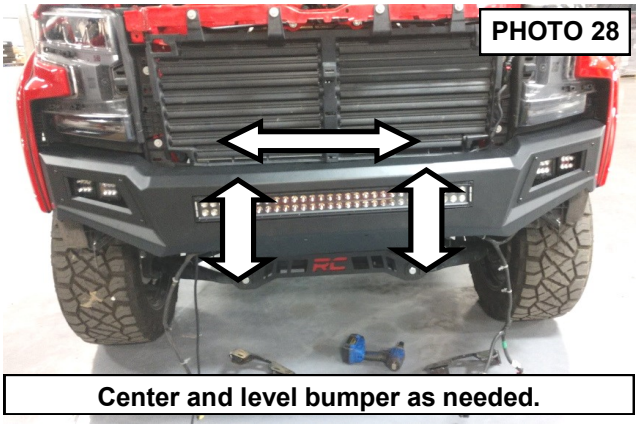


Install bumper by aligning mounting brackets.

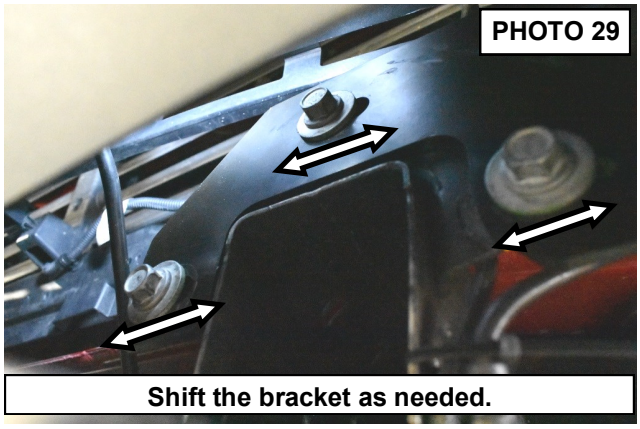


Center and level bumper as needed.

26. With bumper partially tightened, center and level the bumper as needed by shifting the **bumper mounting brackets**. When at desired location, fully tighten the bolts on the frame first, then tighten the bolts in the bumper brackets. **See Photo 28**. and **See Photo 29**.



Center and level bumper as needed.

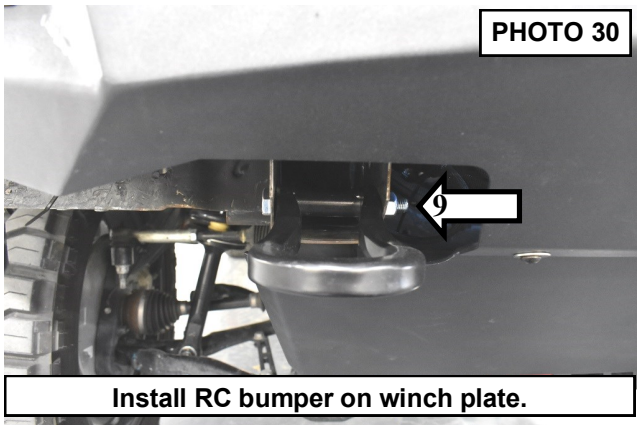


Shift the bracket as needed.

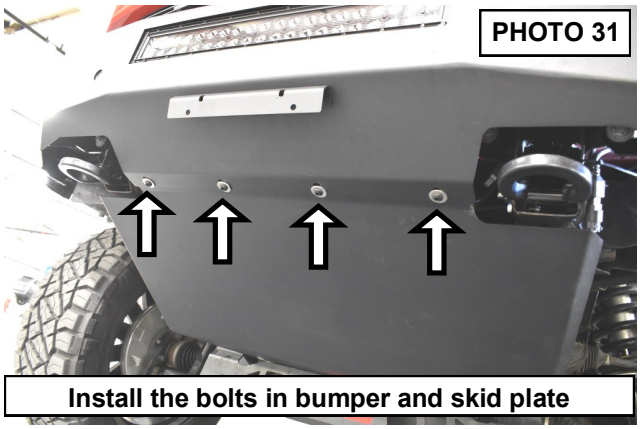
27. Refer to the instructions that came with the LED lights to wire to the vehicle.

Install Toe Hooks and Skid Plate

28. Install toe hooks in factory location using factory hardware. **See Arrows 9 and 10 from Photo 9 and 30**.
29. Install the skid plate on the bumper with 8MM bolts, nuts, and washers. **See Photo 31**.

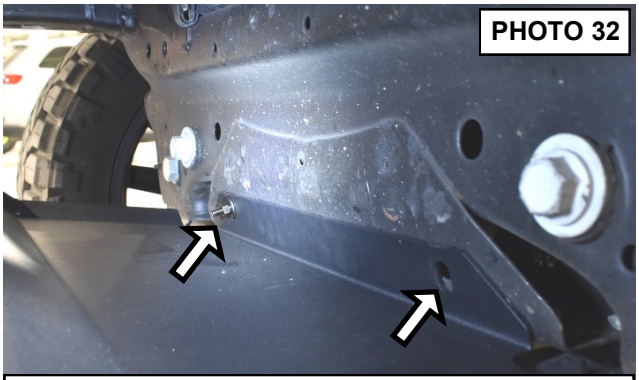


Install RC bumper on winch plate.



Install the bolts in bumper and skid plate

30. Install the back of the skid plate on the factory lower crossmember with 8MM T-bolts, nuts and washer. **See Photo 32**.



Install the back of skid plate

31. Reinstall the grille, upper trim, and hood latch as removed with factory hardware.

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