Rough Country 10756A Installation Instructions

Pre-Runner Front Bumper with Skid Plate for F-150 (2018-2020)

Part number: 10756A

trailfortress.com/pre-runner-front-bumper-f150-rough-country-10756a

Scan for fitment, price and install help

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ROUGH COUNTRY
SUSPENSION SYSTEMS®

2018-20 Ford F-150 Pre-Runner Bumper

THANK YOU FOR CHOOSING ROUGH COUNTRY FOR YOUR OFF ROAD NEEDS.

Rough Country recommends a certified technician install this kit. In addition to these instructions, professional knowledge of disassemble/reassembly procedures as well as post installation checks must be known. Attempts to install this kit without this knowledge and expertise may jeopardize the integrity and/or operating safety of the vehicle.

Please read instructions before beginning installation. Check the kit hardware against the parts list. Be sure you have all needed parts and know where they go. Also please review tools needed list and make sure you have needed tools.

Kit Contents:

- 2” LED Light x1
- 20” LED Light Bar x1
- Bumper x1
- Middle Mesh for LED Mount x1
- License Plate Mount Tab x2
- LED Mounting Bracket x2
- License Plate Mounting Bracket x1
- Frame Bracket x2
- ACC Mounting Bracket x1
- ACC Transfer Bracket x1
- Rubber Foam x1

Skid Plate and Bag Hardware:

- Skid Plate x1
- 8mm Lock Washer x6
- 8mmx24mm Flat Washer x4
- 8mmx28mm Flat Washer x2
- 8mmx25mm Button Screw x6
- 8mm Clip Nuts x2

Tools Needed:

- 10mm Socket/Wrench
- 13mm Socket/Wrench
- 16mm Socket/Wrench
- 18mm Socket/Wrench
- 21mm Socket

Hardware List:

- 4mmWrench x1
- 6mm Lock Washer x6
- 6mm Flat Washer x13
- 6mmx25mm Button Screw x6
- 6mmx20mm Button Screw x2
- 6mm Hex Nut x6
- 6mm Lock Nut x2
- 8mm Lock Washer x7
- 8mm Flat Washer x14
- 8mm Hex Nut x7
- 8mmx25mm Button Screw x3
- 8mmx16mm Hex Bolt x2
- 8mmx25mm Hex Bolt x4
- 10mm Flat Washer x12
- 10mmx35mm Hex Bolt x6
- 10mm Lock Washer x6
- 10mm Hex Nut x6
- 12mm Lock Nut x2
- 12mmx35mm Hex Bolt x2
- 12mm Flat Washer x4
- Nylon Ties x10



Torque Specs:

Size	Grade 5	Grade 8	Size	Class 8.8	Class 10.9
5/16”	15 ft/lbs	20ft/lbs	6MM	5ft/lbs	9ft/lbs
3/8”	30 ft/lbs	35ft/lbs	8MM	18ft/lbs	23ft/lbs
7/16”	45 ft/lbs	60ft/lbs	10MM	32ft/lbs	45ft/lbs
1/2”	65 ft/lbs	90ft/lbs	12MM	55ft/lbs	75ft/lbs
9/16”	95 ft/lbs	130ft/lbs	14MM	85ft/lbs	120ft/lbs
5/8”	135ft/lbs	175ft/lbs	16MM	130ft/lbs	165ft/lbs
3/4”	185ft/lbs	280ft/lbs	18MM	170ft/lbs	240ft/lbs

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