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Rough Country 1022 Installation Instructions

Sway Bar Links for Ford F-250/F-350 4WD (1980–1997)

Part number: 1022

trailfortress.com/rough-country-sway-bar-links-1022

Scan for fitment, price and install help



92102200

F250/350 FRONT SWAY BAR LINK KIT

Thank you for choosing Rough Country for your suspension needs.

Please read instructions before beginning installation. Check the kit hardware against the parts list on this page and the product layout on the last page. Be sure you have all needed parts and know where they go. Also please review tools needed list and make sure you have needed tools.

Rough Country makes no claims regarding lifting devices and excludes any and all implied claims. We will not be responsible for any product that is altered. If questions exist we will be happy to answer any questions concerning the design, function, and correct use of our products.

NOTICE TO DEALER AND VEHICLE OWNER

Any vehicle equipped with any Rough Country product should have a “Warning to Driver” decal installed on the inside of the windshield or on the vehicle’s dash. The decal should act as a constant reminder for whoever is operating the vehicle of its unique handling characteristics.

INSTALLING DEALER - it is your responsibility to install the warning decal and forward these installation instructions on to the vehicle owner for review. These instructions should be kept in the vehicle for its service

Kit Contents:

2-Front Sway Bar Links
2-Sway Bar Relocation Brackets
1-Poly Bag Containing:
- 4- 1 1/2 Sleeves
- 2- 10mm x 55mm Bolts
- 2– 10mm Nuts
- 2-Sway bar bracket bushings
- 2-Bushing washers
- 4-12mm x 65mm bolts
- 4-12mm Flange Lock nuts
- 4-Washers

Tools Needed:

14 mm Wrench
17 mm Wrench
18mm Wrench
19 mm Wrench

Torque Specs:

Size	Grade 5	Grade 8
5/16”	15 ft/lbs	20 ft/lbs
3/8”	30 ft/lbs	35 ft/lbs
7/16”	45 ft/lbs	60 ft/lbs
1/2”	65 ft/lbs	90 ft/lbs
9/16”	95 ft/lbs	130 ft/lbs
5/8”	135 ft/lbs	175 ft/lbs
3/4”	185 ft/lbs	280 ft/lbs

	Class 8.8	Class 10.9
6MM	5 ft/lbs	9 ft/lbs
8MM	18ft/lbs	23 ft/lbs
10MM	32ft/lbs	45ft/lbs
12MM	55ft/lbs	75ft/lbs
14MM	85ft/lbs	120ft/lbs
16MM	130ft/lbs	165ft/lbs
18MM	170ft/lbs	240ft/lbs

INSTALLATION INSTRUCTIONS

1. Remove the stock sway bar link from the front sway bar using a 14mm wrench. **See Photo 1.**
2. Remove the sway bar link from the frame using a 18mm wrench. Retain the upper bolt for reuse. **See Photo 2.**

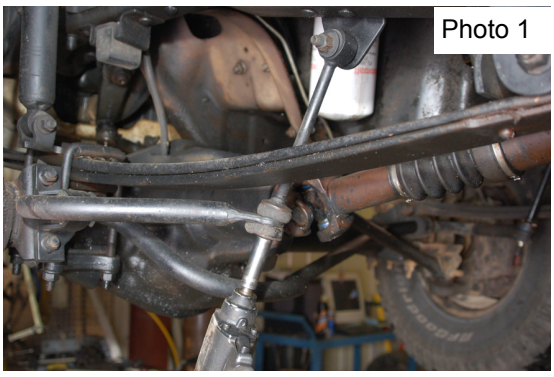


Photo 1

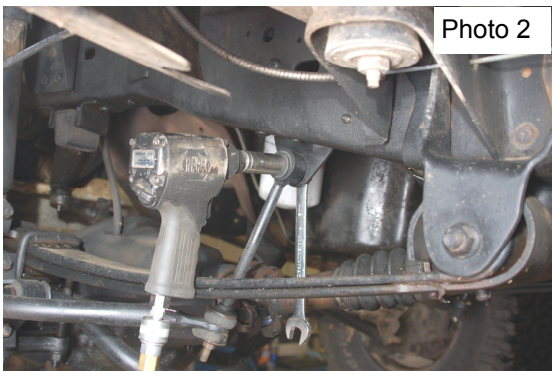
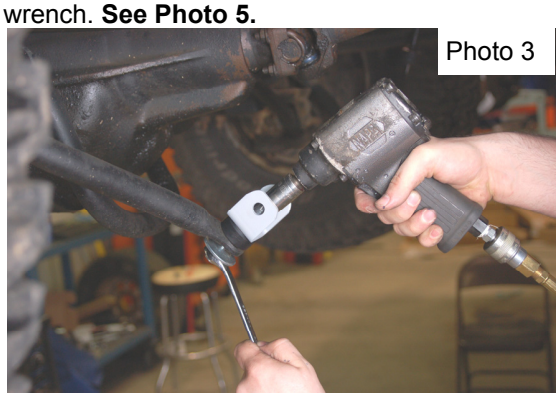
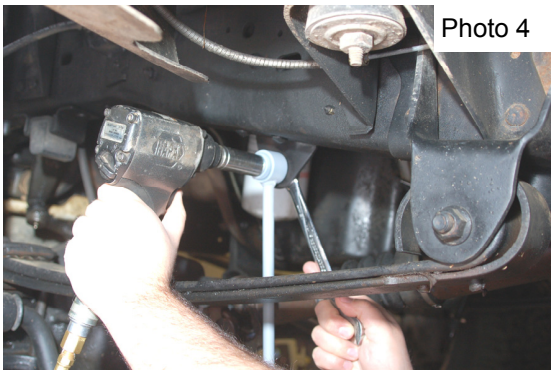
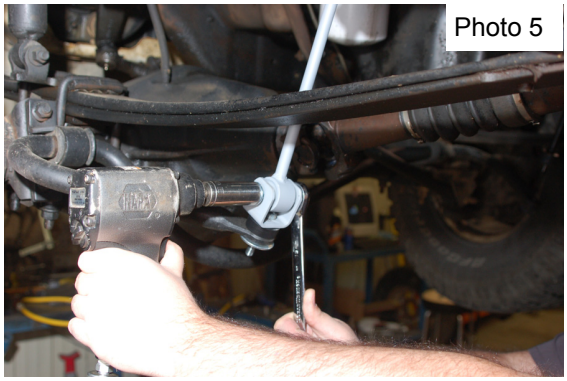


Photo 2

3. Locate the sleeves supplied with the kit and install the sleeves in the upper & lower bushing.
4. Install the supplied u-shaped bracket in the sway bar with the supplied 10mm x 55mm bolts/bushing, washer & nut as shown in **Photo 3** using a 17mm wrench.
5. Install the link in the stock location on the frame rail using the supplied 12mm x 65mm bolts, washer/nut. **See Photo 4.**
6. Swing the sway bar up the link and install the lower mount with the supplied 12mm x 65mm bolts using a 19mm wrench. **See Photo 5.**


Photo 3


Photo 4


Photo 5

POST INSTALLATION

1. Check and recheck all fasteners for proper torque. Check to ensure there is adequate clearance between all rotating, mobile, fixed and heated members. Check clearance between upper control arm and sidewall of tire for proper clearance. Check steering for interference and proper working order. Test brake system.
2. Re torque all fasteners after 500 miles. Visually inspect components and re torque fasteners during routine vehicle service. .

MAINTENANCE INFORMATION

It is the ultimate buyers responsibility to have all bolts/nuts checked for tightness after the first 500 miles and then every 1000 miles. Wheel alignment steering system, suspension and driveline systems must be inspected by a qualified professional mechanic at least every 3000 miles.



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ROUGH COUNTRY SUSPENSION SYSTEMS