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ICON Vehicle Dynamics 56505 Installation Instructions

Rear 2.0 VS IR Shock for 4Runner, FJ Cruiser & GX, 1-3 in.

Part number: 56505

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Scan for fitment, price and install help

ICON VEHICLE DYNAMICS®
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56505 INSTALLATION INSTRUCTIONS

2-14-2020 REV.C

PART #	DESCRIPTION
56505	07-UP FJ/03-UP 4RNR/03-UP GX 1-3" REAR 2.0 VS IR

COMPONENTS INCLUDED

(1) 154915 07+ FJ/03+ 4 RNR 0-3" REAR 2.0 IR VS	(1) 611007 STEM BUSHING HARDWARE KIT

HARDWARE INCLUDED

611007 HARDWARE KIT

(2) MED DUTY 9/16" ID STEM BUSHING (1) MED DUTY 9/16" ID STEM WASHER	(1) MED DUTY 12MM ID STEM WASHER (1) M12 - 1.25 NYLOCK NUT

TOOLS REQUIRED

JACK JACK STANDS TORQUE WRENCH	LOCKING PLIERS 14MM SOCKET / WRENCH 15MM SOCKET / WRENCH 17MM SOCKET / WRENCH

TECH NOTES

1. THIS UNIT IS CHARGED WITH 150 PSI OF NITROGEN. DO NOT DISCHARGE.

2. KDSS EQUIPPED VEHICLES WILL REQUIRE THE SYSTEM TO BE DEACTIVATED BEFORE INSTALLATION, AND REACTIVATED AFTER INSTALLATION IS COMPLETE. REFER TO FACTORY SERVICE MANUAL FOR MORE INFORMATION.



WARNING!

*** READ ALL INSTRUCTIONS THOROUGHLY FROM START TO FINISH BEFORE BEGINNING INSTALLATION! IF THESE INSTRUCTIONS ARE NOT PROPERLY FOLLOWED SEVERE FRAME, SUSPENSION AND TIRE DAMAGE MAY RESULT TO THE VEHICLE!*

*** ICON VEHICLE DYNAMICS RECOMMENDS THAT YOU EXERCISE EXTREME CAUTION WHEN WORKING UNDER A VEHICLE THAT IS SUPPORTED WITH JACK STANDS.*

***ICON VEHICLE DYNAMICS RECOMMENDS ALL INSTALLATION TO BE PERFORMED BY A PROFESSIONAL SHOP/SERVICE TECHNICIAN. PRODUCT FAILURE CAUSED BY IMPROPER INSTALLATION WILL NOT BE COVERED UNDER ICON'S WARRANTY POLICY.*

INSTALLATION

1. If your vehicle is equipped with Kinetik Dynamic Suspension System (KDSS), deactivate the system before performing ANY work to the vehicle. Refer to the factory service manual for information on how to deactivate this system. KDSS will need to be reactivated once the installation is complete.

2. Using a properly rated jack, raise the rear of the vehicle and support the frame rails with jack stands. Ensure the jack stands are secure and set properly before lowering the jack. NEVER WORK UNDER AN UNSUPPORTED VEHICLE.

3. Use a 17mm socket/wrench to remove the driver side upper shock mount bolt in order to remove the OEM shock bushings and washers. Use locking pliers to hold the shaft from rotating.

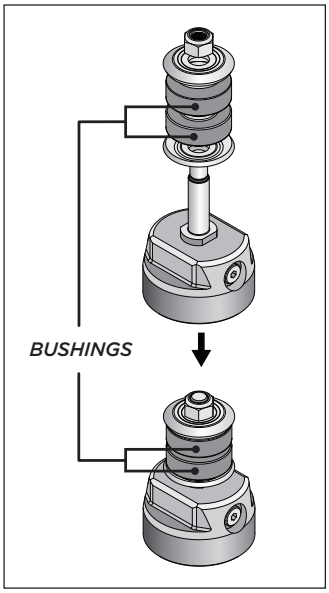
4. Compress the shock enough to allow the stem to clear the frame and pull the upper portion of the shock away from the frame rail to relive any tension on lower shock mount.

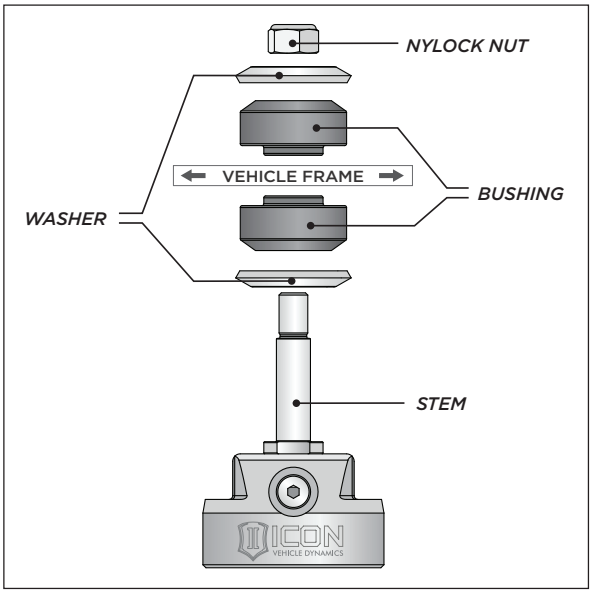
5. Using a 17mm socket/wrench, remove the driver side lower stud bolt and remove shock.

6. Install the lower shock mount as follows: shock rodend, shin guard (56100)*, factory stud bolt. [Torque to factory spec] (*56100 Shin guard optional)

7. Use a 19mm socket/wrench to install the shock stem bushing kit onto the factory shock mount as follows: 9/16" ID stem washer, stem bushing (locater lip up), factory shock mount, stem bushing (locator lip down), 12mm ID stem washer, 12mm nylock nut. Fasten until bushing assembly is snug and nylock is engaged. **(SEE DIAGRAMS)**

8. Repeat step 3-7 for passenger side.





MEDIUM DUTY STEM BUSHING DIAGRAM & ASSEMBLY

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VERIFY ALL FASTENERS ARE PROPERLY TORQUED BEFORE DRIVING VEHICLE.

RETORQUE ALL NUTS, BOLTS AND LUGS AFTER 100 MILES AND PERIODICALLY THEREAFTER.

2.0 ALUMINUM SERIES TECHNICAL INFORMATION

MAINTENANCE

ICON shock absorbers are a high quality rebuildable race style shock absorber designed for optimal performance. With a unit of this caliber on your vehicle, routine maintenance is required to keep them looking and operating in like new condition. Residual oil and assembly lube may be present at all seal paths from the factory out of the box and is considered normal. Pooling of oil however is not acceptable at any time and one should contact the ICON dealer where purchased.

BELOW ARE GUIDELINES BASED ON HOW YOU USE YOUR VEHICLE BUT YOUR MILEAGE MAY VARY:

STREET USE:

- Send in for factory servicing every 40,000 miles or if a leak develops, ride quality decreases, or they begin to make excessive noise.
- Remove any buildup of road salt, mud, or debris from shocks anytime accrued
- Clean with mild soap and water with each oil change or anytime you notice build up.
- Wax the cylinders yearly with automotive wax to prevent corrosion.
- Check nitrogen pressure yearly. (252004 charge needle assembly available at any ICON distributor)

STREET/DIRT:

- Send in for factory servicing every 15,000 miles or if a leak develops, ride quality decreases, or they begin to make excessive noise.
- Clean with mild soap and water with each oil change, offroad trip, or anytime you notice build up.
- Wax the cylinders yearly with automotive wax to prevent corrosion.
- Check nitrogen pressure each dirt outing. (252004 charge needle assembly available at any ICON distributor)

DIRT USE:

- Send in for factory servicing every 1,000 miles.
- Check nitrogen pressure each outing. (252004 charge needle assembly available at any ICON distributor)
- Remove any buildup of mud or debris from shocks after every outing.

SELF-SERVICE:

- Contact ICON for service kits & tools at (951) 689-4266.

PRODUCT REGISTRATION

Please visit: http://www.iconvehicledynamics.com/tech-support/registration/ to register your product.

ICON VEHICLE DYNAMICS SHOCK ABSORBER WARRANTY

This shock absorber has a 1 year warranty against any manufacturer's defects. If a shock fails within the initial year of ownership, the shock must be shipped to ICON Vehicle Dynamics for inspection and service. If a shock is inspected and it has been determined the shock failed due to neglect, damage caused by improper installation or any other reason besides "normal wear and tear", the owner of said shock is responsible for all service costs. This includes labor, parts, and shipping.

ICON Vehicle Dynamics warrants to the original retail purchaser who owns the vehicle on which the product was originally installed. ICON Vehicle Dynamics does not warrant the product for finish, alterations, modifications and/or installation contrary to ICON Vehicle Dynamics instructions. ICON Vehicle Dynamics products are not designed, nor are they intended to be installed on vehicles used in race applications, for racing purposes or for similar activities. (A "race" is defined as any contest between two or more vehicles, or a contest of one or more vehicles against the clock, whether or not such contest is for a prize). This warranty does not include coverage for police or taxi vehicles, race vehicles, or vehicles used for government or commercial purposes. Also excluded from this warranty are sales outside of the United States of America and Canada.

ICON Vehicle Dynamics' obligation under this warranty is limited to the repair or replacement, at ICON Vehicle Dynamics' discretion, of the defective product. Any and all costs of removal, installation or re-installation, freight charges and incidental or consequential damages are expressly excluded from this warranty. Items that are subject to wear are not considered defective when worn and are not covered.

ICON Vehicle Dynamics components must be installed as a complete kit as shown in our current application guide. Any substitutions or exemptions of required components will immediately void the warranty. Some finish damage may happen to parts during shipping and is not covered under warranty.

This warranty is expressly in lieu of all other warranties expressed or implied. This warranty shall not apply to any product that has been improperly installed, modified or customized subject to accident, negligence, abuse or misuse.

To send a shock in for warranty please visit our website http://www.iconvehicledynamics.com/tech-support/shock-service/

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